

# **TWO NEW GROUPS!!**

**at Fort Wayne Urban League  
offered by the Multicultural Health Initiative:**

**Stress Management and Mood Issues  
Every Monday from 9am-11am**

**Substance Abuse Education and  
Treatment  
Every Thursday from 9am-11am**

**Please arrive by 8:50am so that you can sign-in**

**Any further questions please contact  
Rachele Dixie at (260) 755-2139 - Multicultural Health Initiative  
Referrals welcomed**

